

PRSRT STD
U.S. POSTAGE
PAID
DAYTON, OHIO
PERMIT NO. 392

DAYTON DENTAL SOCIETY
436 PATTERSON ROAD
DAYTON OH 45419

IMPORTANT
97th Annual Clinic Meeting Registration
Early Registration Deadline: MARCH 6, 2019

97TH ANNUAL CLINIC MEETING

- Wednesday -
March 27, 2019



presents

TIM CARUSO, PT, MBA, MS,
Cert MDT, CEAS

*"Posture, Pain & Productivity in
Modern Dentistry"*

~and~

NELSON HEISE, MS, MA,
PCC-S, LICDC-CS

*"The Healthy Dentist: A Look at
Personal Wellness Concerns"*

SINCLAIR COLLEGE
BUILDING #12
Dayton, Ohio

Registration Begins at 7:30 AM
Lecture Begins at 8:30 AM

5.5 CEUs



The Dayton Dental Society is designated as an Approved PACE Program Provider by the Academy of General Dentistry. The formal continuing education programs of this program provider are accepted by AGD for Fellowship, Mastership and membership maintenance credit. Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. The current term of approval extends from 1/1/19 to 12/31/21. Provider ID#212373.

TIM CARUSO PT, MBA, MS,
CERT MDT, CEAS



Timothy J. Caruso has been a practicing Physical Therapist for over 30 years, focusing in the area of manual therapy and orthopedic, specifically neuromusculoskeletal disorders. He is very involved in obtaining adaptive equipment, mobility, positioning and custom seating systems for children and adults with special needs. He is a nationally known professional speaker, working extensively with the dental profession since 1988, in the areas of ergonomics, injury prevention, productivity, exercise and wellness.

This program presents a hands-on approach to solving the problems that dental professionals face in the work place every day...posture, productivity, career satisfaction and the bottom line. The negative impact that work-related musculoskeletal disorders can have on productivity will be discussed.

LEARNING OBJECTIVES:

- Define the terms: posture, body mechanics & ergonomics.
- Discuss musculoskeletal disorders, cumulative trauma & pain.
- Identify optimal, balanced working postures.
- Discuss the characteristics of operator/assisted stools, patient chairs, office design & optimal function.
- Discuss lighting, magnification, instrumentation & technique.
- Identify activities, techniques & prevention strategies to reduce stress in the operator.
- Discuss the positive benefits of regular exercise for the dental professional.
- Discuss conservative pain management for back & neck pain in dentistry; Mechanical Diagnosis & Therapy.

**NELSON HEISE MS, MA,
PCC-S, LICDC-CS**



Nelson Heise is the Clinical Director at Ohio Physicians Health Program (OPHP), joining the staff in 2014. His duties include facilitation and oversight of activities involved in participant monitoring and compliance. He is responsible for processing all intake calls and coordinating appropriate assessment, treatment, or community referrals. He supervises all daily clinical activities as well as the monitoring and advocacy program services. Mr. Heise received his Bachelor of Science Degree in Communications from Ohio University. He is a graduate of the Hazelden Graduate School where he received his Master's Degree in Addictions Counseling. He also has a Master's of Science Degree in Mental Health Counseling from Capella University. He is a licensed Independent Chemical Dependency Counselor as well as a licensed Professional Clinical Counselor.

This presentation will focus on dentist wellness, primarily concerning substance use disorder (addiction). There will be a discussion about the disease of addiction, including common misconceptions; how the disease is developed, how it is diagnosed, etc. We will look at the professional challenges that dentists face that put them at risk for a substance use disorder as well as how they can treat it if they find themselves struggling. Information will also be provided on how the Ohio State Dental Board deals with impairment cases, along with OPHP's role in assisting dentists with substance use disorder. Finally, there will be discussions about relapse, both how it occurs and how it can be prevented.

The goal of this presentation is to better inform the dentistry population of this current health crisis so they can help themselves or a peer if they find themselves in the midst of a chemical addiction.

LEARNING OBJECTIVES:

- Review disease of addiction, signs & symptoms, diagnostic criteria and progression.
- Review treatments, specifically for physicians and relapse and relapse prevention.
- Share resources for help and regulatory board's involvement with impaired physicians.

REGISTRATION

LECTURE:

	March 6	March 7-14	AFTER March 14
DDS Members	\$295.00	\$315.00	\$355.00
ADA Members	325.00	345.00	385.00
Non-ADA Members	425.00	445.00	485.00
Staff	145.00	165.00	205.00

(Staff must be accompanied by dentist EMPLOYER or pay dentist fee!)

No refunds after March 14, 2019

**NAME BADGES ARE CREATED ACCORDING TO INFORMATION
YOU PROVIDE. PLEASE TYPE OR PRINT LEGIBLY:**

	FEE
Dr. _____	\$ _____
Address _____	
City, State, Zip _____	
Phone _____	
Hygienist _____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
Assistant _____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
Other _____	\$ _____
_____	\$ _____

**Changes made after 3/19 to existing registrations
will incur an Administrative Fee of \$15.00**

TOTAL ENCLOSED: \$ _____

MC/VISA # _____ BILLING ZIP CODE _____ EXP _____

~ NO PHONE REGISTRATIONS ~

All fax registrations must be accompanied by credit card information ~ 937-294-7099

Registration fees are non-refundable in the event a seminar is cancelled for a reason beyond our control; e.g. weather, speaker cancellation, national disaster, social unrest, acts of terrorism or war, etc. The Dayton Dental Society does not accept responsibility for lecture content and cannot issue refunds to participants who may be disappointed with a course or speaker.